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This year theme:  
Creativity and Innovation  
in non-formal education

Train  
6th  
edition

the trainer



## What is Accelerated Learning

At its core, AL is about enhancing the learning process by creating a rich learning environment and key experiences in which each person can move beyond limiting beliefs to tap into their potential, widen their perspective, and learn anything quickly and easily. Accelerated Learning supports learning at multiple levels, the emotional, the mental, and the physical, and taps into and develops the inner wisdom we all possess.

Accelerated Learning is more than just the inclusion of music and the arts, more than playing learning games that are effective and fun, even more than designing learning to appeal to all learning styles. It is a method that begins with the premise that each person is capable of much, much more than they think is possible.

AL assumes that our own limiting beliefs about ourselves, our abilities and learning itself often get in the way of our learning potential. In an AL classroom, the facilitator creates multiple opportunities for individual and group experiences that enable participants to move beyond those limiting beliefs and tap into their inner wisdom, their hidden potential.

The facilitator, the learning environment and the design of the learning process are key determining factors in the success of learning and the development of the capacity to learn.



### The Facilitator

AL teachers or trainers act at all times as facilitators of learning. They create and support positive group dynamics and give attention to individuals and their needs. AL facilitators are comfortable with ambiguity, and can “read” the group and make good decisions about what is important at any given time in the learning process. They are people who are open to learning potential, and who open up possibilities. They challenge, coach, inspire and guide.

### The Learning Environment

The facilitator creates and maintains a safe and stimulating learning environment. In an AL

learning program, the space looks and feels different than in more traditional classrooms. Lighting, seating arrangements, wall space, and the materials used are all chosen or designed to create an environment that is aesthetically pleasing, interaction rich, and appealing to all learning styles. Participants see the important content on the walls. Music supports learning and retention. Movement and interaction with one another and the content is encouraged. The physical and emotional environment provide safety and invite learners to experiment and grow.

### The Learning Design

Accelerated Learning design appeals to all learning and processing styles. The AL cycle offers a template to design and facilitate that provides a framework for success. It

enables facilitators to adjust their design to accommodate what is happening in the learning environment. The Accelerated Learning design is an open system that provides enough of the right kind of structure to give guidance and ensure success time and time again.

You will find many different AL cycles using various names for the key elements. All of them include the preparation of the learner for the learning, activities that motivate and engage learners emotionally and mentally, the teaching of new content or processes in a way that involves learners through simulation, experiments, concert readings or other creative presentation forms.

*\* This information is taken from International Alliance for Learning - The professional Organization for Accelerated Learning. For more information please visit their web site:*

*<http://www.ialearn.org>*

# Participant profile



ACT is open to any professional trainer, teacher, youth worker or counselor who provides training sessions to individuals in public, non-profit and for profit organizations.

All persons interested in enrolling in the program must complete an application and assessment form.

Only those applicants who are currently employed or seeking employment as a trainer will be considered for acceptance.

### What We Look For:

- Learning orientated person
- Possibility to use the information received
- Previous experience in leading training courses
- Previous experience in participating in training courses
- Able to contribute to a positive and constructive learning atmosphere

### What We Do Not Look For:

- Destructive Criticism and Cynical person
- Just fun & tourist seminar
- Self-seeking personalities
- Holiday makers

Please take into consideration that this is a high challenge training courses intellectual and emotional. It will be required for you to work intense and long hours.

# Objectives of the training course

Train-the-Trainer Program allows trainers, youth workers, teachers to learn new innovative tools to plan, design and implement with success training courses.

### Understand the learning process

- Apply brain and learning theories to explain differences between their own and others' ways of learning
- Set up an AL environment that: creates a positive expectation of learning, demonstrates genuine interest in and concern for participants, creates

an atmosphere of mutual respect between learner and the trainer

- Designs session that respects all participants learning styles and understands the impact of this on the learning process

### Design sessions using A.L.

- Design an AL class that: addresses the multi-level needs of the target group,

getting to the essence of what needs to be mastered and students' barriers, that takes into consideration the didactic, the artistic and the psychological processes, and blends and weaves these elements in such a way as to reinforce learning

### Develop learning activities

- Demonstrate knowledge of a variety of ways to create

and deliver: introductory activities, global overviews, active and passive presentations, debriefing activities, practice activities, performance activities, reflection/review activities and celebration activities.



### Facilitate sessions using A.L.

- Demonstrate ability to deliver: imagery experiences using external and internal frames of reference, metaphorical stories, debriefing and reflective activities, story-telling, enrolling questions

*The purpose of this training is to develop participants' skills in training development and delivery in order to generate optimum learning outcomes and improved performance.*



## Methodology & Programme

Accelerated Learning will be the main methodology that we will use in this training course. It is based on the latest research on brain and learning. It is open and flexible. It gets learners totally involved. It appeals to all learning styles. It energizes and rehumanises the learning process. It seeks to make learning enjoyable. And it is solidly committed to results, results, results..

### The 3 parts approach - ACT

- **The first part - Analytical approach (3 days)**

will give participants the opportunity to learn, experience and reflect upon elements in designing, running, evaluating training courses.

- **The second part - Collaboration (2 days)**

is designed as a space for each group to design their sessions that they will deliver in the next 4 days and to develop the cohesion within their working team.

- **The third part - Testing skills (4 days)**

is designed as an open floor for the participants to run workshops using what they have learned so far in a safe environment and to get feedback on their approach.



### What you will learn

**Module 1: Learning Theories:** Brain friendly learning, Participant Learning styles

**Module 2: Accelerated Learning:** Accelerated Learning, Phases of the learning cycle - A.C.T. -model, Developing educational activities for each of the phases

**Module 3: Training Design (Plan):** The basic of Training Design, Planning a training, Instructional Objectives, Developing learning materials

**Module 4: Skills and Tools for Trainers:** Strategies for presenting content, Feedback, Debriefing.

**Module 5: Creativity in non-formal education:** Creativity (forms, techniques, steps), Opening & Closing sessions, Creating a creative learning environment, Add sizzle to your visual messages, Celebrating success & enhancing motivation to participate, Energizing Educational Games .

### Why this training course is unique



**Highly interactive** - 70 % of the training course time is dedicated to the practice phase that is done by the participants and followed by feedback from the participants and trainers

**Practical** - during the training course you will learn and test realistic tools and approaches that will reflect your reality and your needs

**Theoretical background** – all the theoretical content that will be delivered during the training course has as a starting base the latest research on brain, facilitation and training practices recognized internationally

**Trainers** - Trainers involved in the team are certified trainers by the Council of Europe during the Training for Trainers

**Efficient and participative methods** – methods that you will learn and experiment during this training course are used successfully in companies, non-profit organizations, and public institutions for design and implementing training courses

*Add action, creativity, and participation to your training course!*

## What you will receive

### Complete training pack will contain:

- 10 days training course
- more than 100 pages workbook
- 600 activities cards
- a software to design faster and better training courses
- one year membership to our weekly updates
- 3 month free consultancy

Different services can access parts of complete training pack. Please check below the services, what you can get out and the fees.

Type of service	What includes	Fee
Scholarship	- the training course - the workbook - full accommodation, meals, coffee breaks and 70% of transport	Free
Normal	- the training course - the workbook	500 euros
Silver	- the training course - the workbook - full accommodation, meals, coffee breaks	700 euros
Gold	- the training course - the workbook - full accommodation, meals, coffee breaks - 1000 activities cards	900 euros
Platinum	- the training course - the workbook - full accommodation, meals, coffee breaks and transport - 1000 activities cards - the software - one year membership to our weekly updates - 3 month consultancy	1.200 euros